

## **“How To” Videos**

*Watch these short videos to learn how to stay safe and help others!*

For MAC computers, double click the name of the video.

For PC users, right click the name and select “Open Hyperlink”

[Accessible Emergency Information for Deaf, Blind and Limited Site](#)

[Active Shooter](#) – Run, Hide, Fight

[Active Shooter for Schools](#) – Run, Hide, Defend 7 minutes

[Active Shooter Last Resort](#) 8 minutes

[Coughing and Sneezing Technique](#) – Why Don’t We Do It In Our Sleeves?

[CPR for Pets](#)

[Downed Power Line](#)

[Draining Water Heater](#)

[Earthquake Principles of Drop, Cover and Hold On](#) 7:11 minutes

[Finding a Wall Stud](#)

[Fire Extinguisher Use](#)

[Fire Safety – Batteries Can Cause Fires](#)

[Fire Safety – Lessons Learned from House Fire part 1](#)

[Fire Safety – Lessons Learned from House Fire part 2](#)

[Fire Safety – Personal Observations After House Fire](#)

[Fire Safety – Plan to Get Out Alive](#)

[Flood Fighting Methods](#) 20 minutes

[Hands Only CPR](#)

[Lightening Safety](#)

[Propane Safety](#)

[Pull to the Right for Sirens and Lights! – English](#)

[Spanish Vietnamese](#)

[Securing A Bookcase](#)

[Securing Cabinets](#)

[Securing Dishes](#)

[Securing Hanging Items](#)

[Set up and Operate Generator](#)

[Trip to the Hardware Store](#)

[Turning off Electricity](#)

[Turning off the Gas](#)

[Turning off Water](#)

[Using an Automated External Defibrillator \(AED\)](#)

[Velcro Straps to Secure Furniture](#)

[When the Bay Area Quakes 1989](#)