

Medical Aid

Your safety is #1...

Wear personal protective equipment (gloves, goggles, masks) when providing medical aid.

Key threats to life involve the ABCs...

Airway

Breathing

Circulation

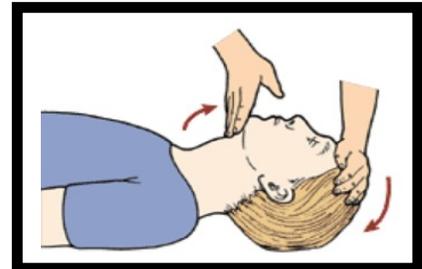
Always be careful of the head and neck to prevent additional injury!

Do not delay calling 9-1-1!!!

Immediate steps that save lives...

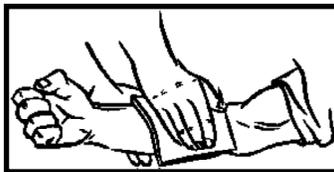
Open Airway

Look listen and feel for breathing
(without moving the person)
If no breathing, head tilt, chin lift



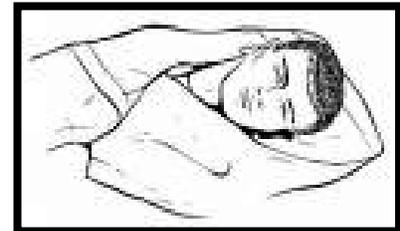
Stop Bleeding

Direct Pressure
Elevation
Pressure Point



Treat for Shock

Help the person lie down
Control body temperature



Never move a patient unless...

You have to transport them elsewhere
The location is hazardous

Take CPR & First Aid classes regularly!

<http://www.lahcfd.org/calendar/126-cpr-classes>